HELV ETMED



Annual Report 2023

November 2024

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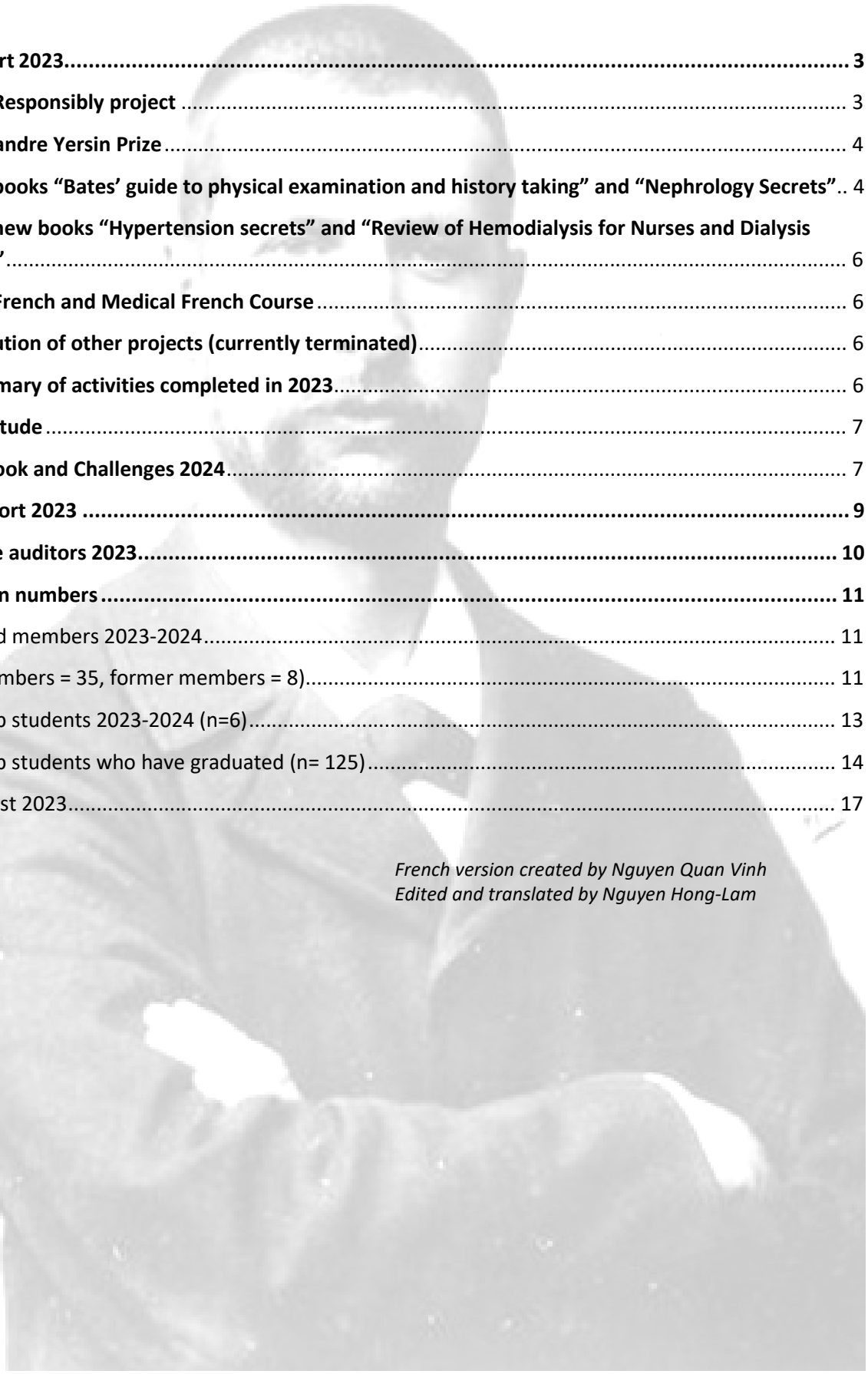
French version created by Nguyen Quan Vinh
Edited and translated by Nguyen Hong-Lam



Activity report 2023

Vergelt's Gott.

Dear sponsors, dear donors,
Dear friends,
Dear students,

On behalf of us all, I would like to thank you for the creation, the maintenance and for your steady support of Helvietmed **since 2011**.

The activities of 2023 focus on bringing the SEE-Responsibly project to a successful conclusion.

1. SEE-Responsibly project



Since its launch in 2011, we have supported a total of 125 students coming from all over Vietnam throughout their six years of medical studies. By the summer of 2024, all of them will have completed their studies, found employment in various medical specialties, and advanced in their careers, often taking on leadership roles in their workplaces. Several have continued their training abroad in various doctoral programs (Japan, Taiwan, USA, England, Hungary, etc.) and have contributed to scientific publications.
Many have participated in the translation work for our four books, including two new ones in 2023-2024: "Hypertension Secrets" and "Review of Hemodialysis for Nurses and Dialysis Personne", which are scheduled for publication in the fall of 2024.

See-responsibly project - Evolution

	2011	2012	2013	2014	2015	2016	2017	2018	2019
Income (CHF)	5'903	12'448	15'425	18'906	16154	22400	22850	31900	32450
Expenditure (CHF)	3'189	8'774	12'763	15'605	19894	19900	27650	31218	18542
Fortune (CHF)	2714	7889	9051	12355	8622	8765	3965	5212	14615
Members (n)	17	25	29	32	34	33	31	31	31
Int. sponsors (n)	15	15	19	20	20	19	14	15	12
Ext. sponsors (1)*	8	10	8	13	13	9	6	9	9
Ext. sponsors (2)*	2	5	4	3	2	4	2	2	2
Students (n)	10	10	24	44	49	49	67	64	57
Graduates n (tot)**	0	1	0	8(9)	6(15)	5(20)	20(40)	10(50)	21 (71)

	2020	2021	2022	2023	2024
Income (CHF)	14507	16460	25694	6250	
Expenditure (CHF)	35500	18181	15008	1120	
Fortune (CHF)	3999	**2268**	12954	19804	
Members (n)	31	36	34	35	
Int. sponsors (n)	14	11	16	10	
Ext. sponsors (1)*	8	10	6	4	
Ext. sponsors (2)*	1	1	0	0	
Students (n)	37	**20**	6	2	
Graduates n (tot)**	17(88)	**18(105)**	14(119)	4(123)	2(125)

*) (1) private sponsors; (2) institutional sponsors
**) total number accumulated since 2011

As already mentioned, registration fees keep increasing tremendously, around CHF 3,000-4,000/year. These amounts make our scholarships appear quite modest and meager. We will bring this 13-year project to a close in 2024 when our last two students complete their studies. As a replacement, we can consider a postgraduate scholarship program. The Certificate of Advanced Studies in Translational Nephrology program, organized by HsET and the Universities of Bern and Zurich, is one example

2. Alexandre Yersin Prize

The "Alexandre Yersin Prize for outstanding medical publications", in association with the Consulate General of Switzerland in Saigon, is a project whose ultimate goal is to encourage scientific research in Vietnam.

In an initial phase starting in **2017-2018**, the Prize met a very positive echo with the participation of **16 teams** of researchers from Hanoi, Saigon and Cantho, who submitted 25 international publications including one, published in the prestigious New England Journal of Medicine of 1.2018. (https://helvietmed.org/alexandre-yersin-prize-2018-2018-participants/)

The 2nd edition **2019-2020** has consolidated this trend by welcoming the participation of 14 teams of researchers from Hanoi, Saigon and Cantho, who submitted 23 publications. You will find the three award winners and their publications here: https://helvietmed.org/alexandre-yersin-prize-2019-2020-laureates/

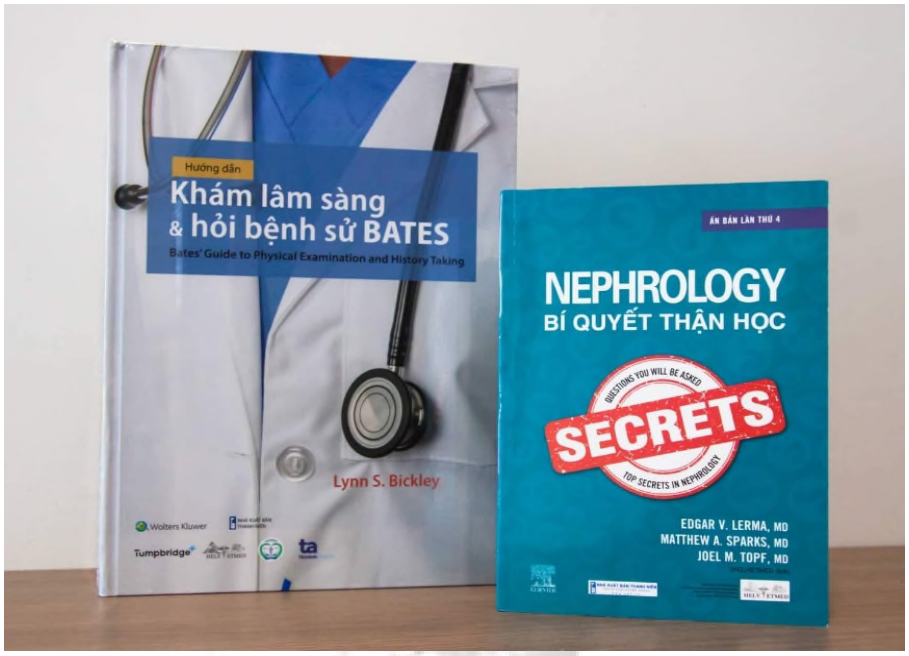
The 3rd edition, launched in **2021**, has beautifully ended on July 30th, 2022, by a conference with the participation of the laureates as well as partners and friends, Prof. Nguyen Van Tuan (Australia) and Prof. Dinh Xuan Anh Tuan (Paris, France). On behalf of Helvietmed, I would like to thank them for their support. Similarly to the editions of 2017-2018 and 2019-2020, the 2021-2022 Prize has widely been covered by the medias. Please refer to our website for complimentary information: https://helvietmed.org

The fourth edition, launched in 2023 with the support of the Consul General, Mr. Werner Bardill, saw the participation of 40 research groups from across the country. You can find the publications and the award winners here: Swiss-Vietnamese Medical Association (helvietmed.org). The award ceremony is scheduled for November 21, 2024, at the Consul General's residence in Saigon.

3. The books “Bates’ guide to physical examination and history taking” and “Nephrology Secrets”

The book can be considered a success given the 4000 copies distributed since 2021.

In December 2023, We donated 300 copies to the University of Medicine in Buon Ma Thuot, the coffee capital city in Central Vietnam, as teaching resources (Hội HELVIETMED trao tặng sách y khoa cho Thư viện, giảng viên và sinh viên (bmtu.edu.vn))

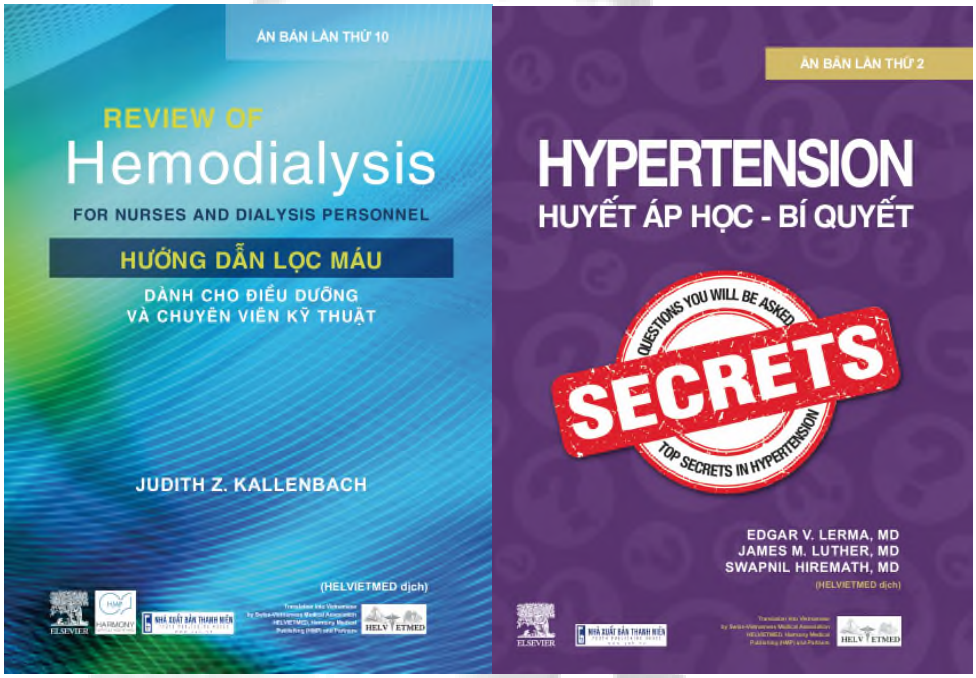

Hướng dẫn
Khám lâm sàng
& hỏi bệnh sử BATES
Bates' Guide to Physical Examination and History Taking
Lynn S. Bickley
Wolters Kluwer
Tumpbridge
ta
ẤN BẢN LẦN THỨ 4
NEPHROLOGY
BÍ QUYẾT THẬN HỌC
QUESTIONS YOU WILL BE ASKED
SECRETS
TOP SECRETS IN NEPHROLOGY
EDGAR V. LERMA, MD
MATTHEW A. SPARKS, MD
JOEL M. TOPF, MD


BMTU
LỄ TRAO TẶNG SÁCH
CHO BÁC SĨ, THƯ VIỆN VÀ SINH VIÊN
bmtu.edu.vn


BMTU
BUON MA THUOT
MEDICAL UNIVERSITY
LỄ TRAO TẶNG SÁCH
CHO BÁC SĨ, THƯ VIỆN VÀ SINH VIÊN

4. The new books “Hypertension secrets” and “Review of Hemodialysis for Nurses and Dialysis personnel”

Contracts have been signed with the publishing house "Elsevier" for the translation of these two books, which are scheduled for release in the fall of 2024.



5. The French and Medical French Course

The aim of this course is to provide Helvietmed fellows or alumni with the necessary tools for internships abroad, particularly in France within the framework of the French residency program designated "FFI: faisant fonction d'interne", and in Switzerland where similar programs exist. The course was launched in 1.2018 and is still regularly attended by 2-3 students. We will aim to expand the class in 2025.

6. Evolution of other projects (currently terminated)

- E-learning under the direction of Prof. Jean-Pierre Kraehenbuhl in association with HSeT.
- Training project in the Clinical Laboratory under the responsibility of Drs. Benoît Fellay and Jean-Luc Magnin, both FAMH specialists and leaders of the Central Laboratory of the Fribourgeois Hospital.

7. Summary of activities completed in 2023

- SEE-Responsibly: the final scholarships have been awarded. The project is now complete.
- Alexandre Yersin Prize 2023-2024: organization, coordination
- Distribution of “Bates’ guide to physical examination and history taking” and “Nephrology Secrets”
- Translation of the books : « Hypertension secrets » and “Hemodialysis for Nurses and Dialysis Personnel”
- French and medical French courses: give 1 time a week 1h30-classes throughout the year except holidays.
- Maintenance of the Helvietmed website (www.helvietmed.org)

8. Gratitude

On my own behalf and on behalf of Helvietmed, I would like to thank **all our members** who have either contributed materially or spiritually to the existence and development of our association. We express our profound gratitude to our private sponsors and friends for their unwavering support since 2011 and especially in 2023

Madame et Monsieur Danzeisen Françoise et Peter
Dr. Martin Ganslmayer, FMH Immuno-Allergologie, Fribourg
M. Haensenberger Andreas, Architecte diplômé FH, Burgdorf
Frère Karl Elsaesser, Matran

We remain grateful to the **Société Médicale de Beaulieu** and the **Adelman Foundation for Education** for their generous and valuable support in past years.

We thank our Consuls General in Saigon, **M. Othmar Hardegger**, **M. Martin Maier et M. Werner Bardill as well as their team at the Consulate General** for their enthusiastic support for the continuation of the Alexandre Yersin Prize. We are grateful to **Prof. Nguyen Van Tuan**, Australia and to **Prof. Dinh Xuan Anh Tuan**, Paris, for their important role in the scientific committee, as well as our Helvietmed friends who have contributed.

To our two friends from Fribourg, Mr. Prosper Hoang and Mr. Thanh-Dung Nguyen, who have been giving weekly French courses since January 2018.

9. Outlook and Challenges 2024

- **Alexandre Yersin Prize**: the award ceremony is scheduled for 21.11.2024. The question of how to ensure the sustainability of this Prize remains under consideration. This can be done either by Helvietmed's own forces or by involving Swiss political and administrative authorities, given it also pertains to promote Swiss presence in Vietnam.
- **Continuation of the translation project of medical books** into Vietnamese. This program, as well as the Alexandre Yersin Prize, will be one of the core activities of the Helvietmed. Two new translation projects are in the works, with the final products set to be released in 2024.

  - **Hypertension secret, 2nd edition**
    This book will be financed by HELVIETMED

  - **Review of Hemodialysis for Nurses, 10th edition**
    This book will be realised with the Vietnamese Dialysis Association and financed by its president.

- Distribution of the book “Clinical EEG” in Vietnamese co-authored by Prof. Pierre Jallon.



- **The financing of our activities** must be insured, mainly by the contribution of our members.
- The routine challenges remain those of ensuring the sharing of tasks between members and the financing of our activities. It pertains to us all to promote our actions and find interested and committed sponsors. **It will also become necessary to find a succession to the presidency and recruit new members in Switzerland, Vietnam and worldwide.**

I take the opportunity of this annual report to thank you personally and individually for your friendship and benevolence.

Vergelt's Gott.
On behalf of Helvietmed
Dr. Quan-Vinh Nguyen, Chairman



HELVETMED

Financial report 2023

Similarly to the previous years, Helvietmed's activities were carried out with the support of Helvietmed members, sponsors and donors.

The income (6,250 CHF) consists of membership fees, external donations, and internal contributions. Despite intense activity, expenses remained low at 1,120 CHF, including scholarships (1,000 CHF) and bank fees (120 CHF). Expenses are planned for 2024 for the Yersin Prize and the translation of books.

The operating costs are borne individually by the members (postal charges, office expenses). The fees for the website (about CHF 300/year) and the Zoom license for the French classes (about CHF 180) are donated by Dr Nguyen Quan-Vinh.

As in other years, the association Helvietmed controls the correct attribution of the expenses.

Income and expenditure since 2011:

CHF	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Revenues	5'903	12'448	15'425	18'906	16'154	22'400	22'850	31'900	32'450	14'507
Expenditure	3'189	8'774	12'763	15'605	19'894	19'900	27'650	31'218	18'542	35'500
Fortune	**2'714**	**7'889**	**9'051**	**12'355**	**8'622**	**8'765**	**3'965**	**5'212**	**14'615**	**3'999**

CHF	2021	2022	2023
Revenues	16460	25694	6250
Expenditure	18181	15008	1120
Fortune	**2268**	**12954**	19804 (*)

Expenditure in 2023:
100% humanitarian; 0% of administrative expenses; 0% compensation to Helvietmed members.

As of 31.12.23, **the fortune of the association is CHF 19'804.**

Matran, November 2024

Nguyen Kim-Yen
Treasurer
(signed)

HELV ETMED

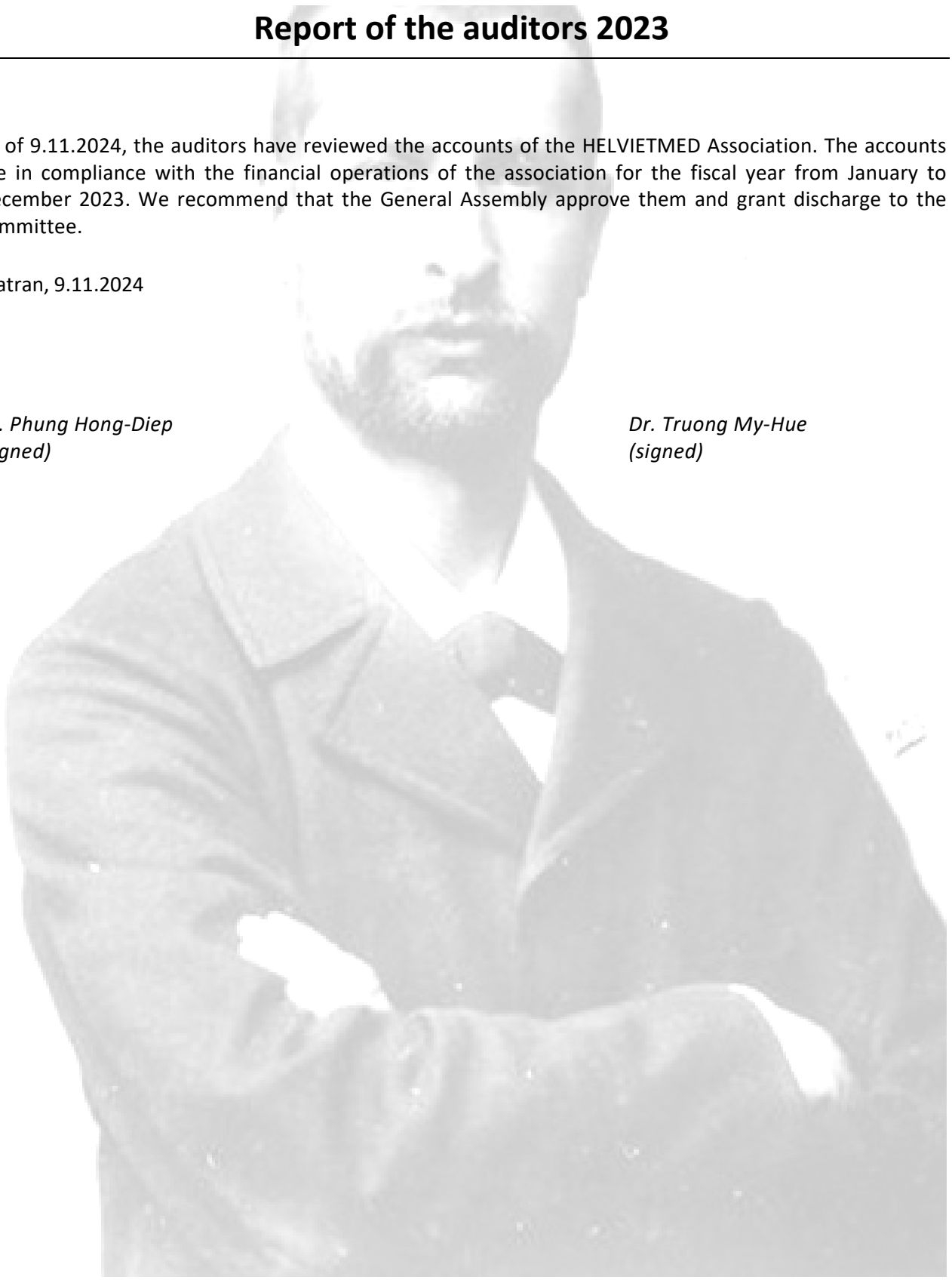
Report of the auditors 2023

As of 9.11.2024, the auditors have reviewed the accounts of the HELVIETMED Association. The accounts are in compliance with the financial operations of the association for the fiscal year from January to December 2023. We recommend that the General Assembly approve them and grant discharge to the committee.

Matran, 9.11.2024

Dr. Phung Hong-Diep
(signed)

Dr. Truong My-Hue
(signed)



Helvietmed in numbers

Helvietmed members 2023-2024

(active members = 35, former members = 8)

1. Dr. Descombes Eric, Ancien médecin-chef, Service de Néphrologie, Hôpital Cantonal (Fribourg)
2. Dr. Duong Hai, MD, MPH (Hongrie, Saigon) (*)
3. Dr. phil. Fellay Benoît, Fribourg, FAMH, Chef-adjoint, Hôpital Cantonal (Fribourg)
4. Prof. Dr. med. Dr. phil. Giacobini Ezio, Psycho-pharmacologie (Genève)
5. Dr. Gonzalez Nguyen-Tang Elsa Diana, FMH Pédiatrie et Néphrologie pédiatrique (Genève)
6. Dr. Huynh-Do Phi, FMH Médecine interne (Genève)
7. **Prof. Dr. Huynh-Do Uyen, FMH Néphrologie, Médecin-adjointe, Inselspital Berne, Vice-présidente**
8. Prof. Kraehenbuhl Jean-Pierre, Immunologie (Lausanne)
9. Dr. Lê-Broccard France, FMH Médecine générale (Genève)
10. Dr. Lê Khac Tien, IVF spécialist, My-Duc Hospital (Saigon)
11. Prof. Dr. phil. Lê Van Khoa, Director of HoChiMinh City Waste Recycling Fund (REFU) (Saigon, Vietnam)
12. Dr. Magnin Jean-Luc, FAMH, Chef du Laboratoire, Hôpital Fribourgeois
13. Dr. Nguyen Duy, FMH Neuro-Radiologie (Genève)
14. Dr. phil. Nguyen An Binh, Université Nationale, Ecole de Pharmacie and Médecine, Saigon
15. Dr. Nguyen Dinh Thuong, Gynécologie, Saigon, Vietnam
16. Dr. Nguyen Hong-Lam Lisa, Fribourg.
17. Dr. Nguyen Howles Mai, FMH Endocrinologie et Diabétologie (Genève)
18. **Madame Nguyen Kim-Yen, Bachelor of Art in English Studies (Fribourg), Secrétaire et trésorière**
19. Dr. Nguyen Long Quoc, Can Tho (Vietnam)
20. Dr. Nguyen Minh Dung, Orthopedic Surgery (Saigon)
21. Dr. phil. Nguyen Minh Tuan, informaticien, Fribourg
22. Dr. Nguyen Ngoc-Lan, FMH Gynécologie (Vaud)
23. **Dr. Nguyen Quan- Vinh, FMH Néphrologie (Fribourg), Président**
24. **Dr. Nguyen Tang Thai, FMH Gastroentérologie, Médecin associé (HUG, Genève), Vice-président**
25. Dr. Nguyen Van-Thien, FMH Médecine nucléaire (Fribourg)
26. Dr. O'Callaghan Bryan, FMH Radiologie, Médecin-Chef, Hôpital intercantonal de la Broye (VD)
27. Dr. Pham Hoang-Chinh, FMH Dermatologie (Nyon, VD)
28. Dr. Pham Xuan Cuong, FMH Dermatologie (Genève)
29. M. Phan Vuong Huy-Tu, BSc; M.A (Saigon, Vietnam)
30. Dr. Phung Hong-Diep, FMH Médecine Interne (Fribourg)
31. Dr. Tran Sao Nam, FMH Urologie, Médecin associé (HUG, Genève)
32. Dr. Tran Thuy Huong-Quynh, MD (Vietnam), PhD (Japon) (Saigon, Vietnam)
33. Dr. Truong My Hue, FMH Médecine générale, Fribourg
34. Dr. Vincent Vinh Hung, Service de Radiothérapie, Centre Hospitalier Public du Cotentin, Cherbourg-en- Contentin. France
35. Prof. Dr. phil. Vu Viet-Nu, Ancienne Directrice, Unité de Développement et Recherche en Éducation Médicale, Université de Genève

Total 35 members.

Former members :

- Dr. Danzeisen Claude, Santé Publique (Lausanne)
- Dr. Décosterd Florence, FAMH, Cheffe-adjointe, Hôpital Cantonal (Fribourg)

- Prof. Jallon Pierre, Neurologie, Genève et Can Tho
- Dr. Dang Cécile, FMH Psychiatrie (Genève)
- Dr. Truong Cao Binh, FMH Médecine générale (NE)
- Dr. Hong Minh Luyen, FMH Médecine interne (Genève)
- Dr. Nguyen Nguyen Vu, FMH Radiologie (Saigon)
- Dr. Nguyen Nhu Tan, Spécialiste en Pédiatrie (Saigon and USA)

(«*) New members 2024



Scholarship students 2023-2024 (n=2)

The project SEE-Responsibly : Scholarship to Encourage an Elite by Responsibility (2011-2024) has come to a close. There will be no new student for the academic year of 2023-2024.



Scholarship students who have graduated (n= 125)

Graduated in 2012

1. M. Danh Chường, 1987, UMP Can Tho (danhchuong12@gmail.com)

Graduated in 2014

2. M. Nguyễn Ngọc Tú, 1990, UMP Saïgon (trumnhieukhe20@yahoo.com)
3. M. Nguyễn Duy Hải, 1989, UMP Saïgon (nguyenduyhai_yds_301@yahoo.com)
4. M. Hoàng Văn Triều, 1990, UMP Saïgon (hoangtrieu90@gmail.com)
5. Madame Phạm Nguyễn Hoa Hạ, 1990, UMP Saïgon (hoaha_sm@yahoo.com)
6. M. Duong Vinh Phat, 1990, Université de Médecine Pham Ngoc Thach, Saïgon (dr_701@yahoo.com)
7. M. Trịnh Thành Tính, 1989, UMP Can Tho (drtinh1111@gmail.com)
8. M. Nguyễn Thanh Bình, 1990, UMP Can Tho (ngthbinh4790@gmail.com)
9. M. Võ Quang Huy, 1990, UMP Can Tho(voquanghuy04812@gmail.com)

Graduated in 2015

10. M. Hoàng Phạm Nhật Quang, 1991, UMP Saigon (dr.nhatquang@gmail.com)
11. M. Nguyễn Thành Công, 1991, UMP Saigon, (Lucong1011@gmail.com)
12. M. Do Anh Tuan, 1991, UM Pham Ngoc Thach, Saigon, (doanhtuan2210@gmail.com)
13. Madame Huỳnh Thị Thảo Minh, 1990, UMP Can Tho (httminh14@gmail.com)
14. Mme Phan Thanh Hồng, 1991, UMP Can Tho (drhong13mail.com)
15. M. Tran Bui Minh Thanh, 1991, UMP Cantho, (tranbuiminhthanh_tt@yahoo.com.vn)

Graduated in 2016

16. Madame Lai Khanh Van, 1992, (hamoke_252@yahoo.com)
17. M. Nguyen Chi Hieu, 1992, (nguyenchihieu_102@yahoo.com)
18. M. Danh Chung, 1989, (danhchung.lanhquyet@gmail.com)
19. M. Duong Van Ninh, 1992, (duongvanninh0076@gmail.com)
20. M. Lê Trọng Tấn, 1992, (lttan3092@gmail.com)

Graduated in 2017

21. M. Nguyen Huu Tuong, 1993, (thiensu_tokyo_boy@yahoo.com)
22. M. Le Van Hang, 1993, (Hanglevan267@yahoo.com)
23. Madame Tran Thi My Nuong, 1993, (mynuongbb@yahoo.com.vn)
24. M. Nguyen Huu An, 1993, (huuanqn2010@yahoo.com)
25. Madame Huynh Thi Ngoc Van, (greenfield191@gmail.com)
26. Madame Vo Thi Hong Tien, (hongtienyds@gmail.com)
27. Madame Vo Thi Hue, 1993, (vothihue.412@gmail.com)
28. M. Trương Quang Hiêu, 1993, (QuangHieu.lk08@gmail.com)
29. M. Nguyen Phi Tung, 1993, (tungydakhoa@gmail.com)
30. Madame Nguyen Thi My Linh, (linhnguyen.kc@gmail.com)
31. M. Le Hoa, (lehoa3103@gmail.com)
32. M. Ho Le Ba Dat, (holebadat@gmail.com)
33. Madame Ha Thi Bich Tram, (hathibichtram0911@yahoo.com.vn
34. M. Nguyen Viet- Hoa, (nguyenviethoa67@gmail.com)
35. Madame Ho Thi Hoa, 1993, (hoahothi123vn@gmail.com)
36. M. Nguyen Minh Dung, 1993, (minhdung060993@gmail.com)
37. M. Lê Khac Tien, 1993, (bu.tsunami@gmail.com)
38. Madame Nguyen Kieu Loan, (nkloan.yhdp37@student.ctump.edu.vn)
39. M. Nguyen Thai Thong, 1993, (thongnguynthong@yahoo.com.vn)
40. Madame Nguyen Thi Xuan-Quyen, 1993, (quyen.u.i@gmail.com)

Graduated in 2018

41. Madame Lê Thị Hòe, 1994, 6ème année, (Heart_love24294@yahoo.com
42. Madame Mai Thị Huệ, 1994, 6ème année, (noxuh@yahoo.com)
43. M. Nguyen Viet Dung, 1990, 6ème année, (dungnv.smp@gmail.com)
44. Madame Nguyễn Huyền Trang, 1994, 6ème année, (Huyentrang.hus174@yahoo.com.vn)
45. Madame Nguyễn Thị Kim Dung, 1994, 6ème année, (Girl_strawberry_love@yahoo.com.vn)
46. M. Tran Huu Chi, 6ème année, (chihuutran94@gmail.com)
47. M. Dương Hải, 1994, 6ème année, (duonghai.khoay2012@gmail.com) **(Adelman)**
48. M. Nguyễn Hoàng Thông, 1994, 6ème année, (hoangthong2409@gmail.com) **(Adelman)**
49. M. Trần Thanh Minh, 1994, 6ème année, (tranthanhminhpio@gmail.com) **(Adelman)**
50. M. Vo Minh Loc, 1994, 6ème année, (Bsvominhloc@gmail.com) **(Beaulieu)**

Graduated in 2019

51. M. Dam Van Quy, 1994, 6ème année, (damvanquy1412@gmail.com)
52. M. Nguyen Phuc-Son, 1995, 6ème année, (aoma1618@gmail.com)
53. Madame Nguyen Thi Men, 1995, 6ème année, (thumen43@gmail.com)
54. Madame Pham Thi Oanh, 1995, 6ème année, (violetqueen1810@gmail.com)
55. Madame Tran Thi Thanh, 1995, 6ème année, (Tranthanh301095@gmail.com)
56. M. Tran Gia Bao, 6ème année, (giabaoyc@gmail.com) (**Beaulieu**)
57. M. Phan Minh Vuong, 6ème année, (phanminhvuong.27@gmail.com)
58. M. Thái Minh Đường, 1995, 6ème année, (thaiminhduongg@gmail.com) (**Beaulieu**)
59. M. Bui Tuan An, 6ème année, (buituanankhoay2013@gmail.com)
60. Madame Tran thuy Huong Quynh, 6ème année, (tranquynh.8u@gmail.com)
61. M. Phạm Vĩnh Phú, 1995, 6ème année, (phamvinhphu1995@gmail.com), (**Adelman**)
62. M. Phạm Văn Điệp, 1995, 6ème année, (phamdiepydk@gmail.com((**Adelman**)
63. M. Lưu Quang Quân, 6ème année,(luuquangquan@gmail.com)
64. Madame Trần Thị Nhi, 6ème année, (angelboys.1994@gmail.com
65. M. Nguyen Tran Thanh Phuong, 6ème année, (nguyenphuong29060601@gmail.com)
66. M. Dang Cong Duy, 6ème année, (duy.dangcong95@gmail.com) (**Adelman**)
67. M. Nguyễn Lê Chí Nhân, 1995, 6ème année, (nhannguyen1102@gmail.com)
68. Madame Nguyễn Thị Huyền Trân, 1995, 6ème année , (huyentran090995@gmail.com) (**Adelman**)
69. Madame Nguyen Pham Bao Ngoc, 1994, 6ème année, (baongoc194ever@gmail.com)
70. Madame Huynh Thi Trang, 6ème année, (trang.lk10@gmail.com)
71. M. Hồ Lê Minh Châu, 1995, 6ème année, (holeminhchau@gmail.com) (**Adelman**)

Graduated in 2020

72. Madame Nguyễn Trần Quỳnh Thư, 1996, (quynhthunguyen1608@gmail.com) (Adelman)
73. M. Đỗ Thu An, (dothuan111996@gmail.com)
74. Madame Nguyễn Thị Ngân Hà, (nganhanguyen95@gmail.com)
75. Madame Phạm Anh Đào, (phamanhdaoyds14@gmail.com)
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